

SAMPLE BREAKFAST MENU

8 A M - 1 o A M

TO START

Cornico artisan filter coffee or Tregothnan Breakfast tea Homemade granola, yoghurt & fresh fruit Freshly baked croissant, pain au chocolat Choice of white, brown or mixed toast Orange, apple or grapefruit juice

TO FOLLOW

BAY BREAKFAST

Philip Warren bacon, pork sausage, hog's pudding, grilled tomato, Portabello mushroom, baked beans, choice of eggs

SALMON

St Ives smokehouse salmon, St Ewe scrambled egg

OMELETTE ARNOLD BENNETT

Smoked haddock, mornay sauce, Davidstow Cheddar

MUSHROOMS

Sauteed mushrooms in créme fraiche, chives, sourdough & poached egg

PAIN PERDU

Custard brioche, fruit compote, créme fraiche

BOILED EGGS

Soft boiled eggs, sourdough soldiers

PORRIDGE

Choice of honey or fruit compote



